

Be a Help at Home volunteer!

Be the Difference. Be an EACH volunteer.



each

East Anglia's
Children's Hospices

We are looking for volunteers in your area!

No existing qualifications are needed for the role, only a desire to help others and time to give. Whether you have free morning every week or can give a few days to help with a one-off project, the role can be shaped around what works best for you with all training provided.



EACH Help at Home volunteers provide vital practical support in the homes of families caring for children with a life-threatening condition

How you can help...

Cooking • DIY and decorating • Cleaning • Shopping
Sibling support • Gardening and much more...

For more information please visit:

www.each.org.uk/volunteering

or call 01223 800 800 selecting option four

Registered Charity No. 1069284